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Your Tele-health Session using Zoom

Zoom is the secure video call software our clinic uses to make appointments possible during the pandemic. Thanks for your patience.

This is a “cheat sheet” with just the information you’ll need. For full Zoom support beyond the bits we’ll use, see <https://support.zoom.us>

Please try to connect to your call a little early, in case you have trouble.

Here is the process in 5 steps:

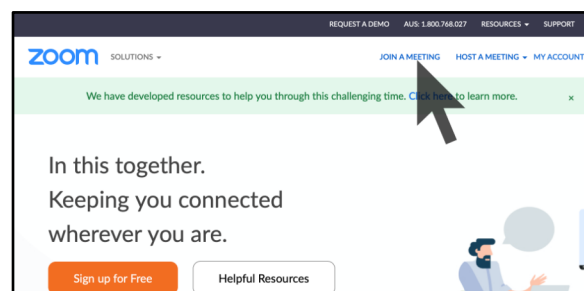
Step 1: Receive your Meeting ID

This is a 9 to 11 digit number. We’ll send this to you in a text message that looks something like this. If you haven’t got it by the day of your meeting, let us know.

Hi Marie. As discussed your next appointment is via video call. To join go to <https://zoom.us> and click JOIN A MEETING. Your meeting ID is 123-456-789

Step 2: Visit Zoom website and click JOIN A MEETING

Visit <https://zoom.us> in whichever web browser you use. Then click JOIN A MEETING. It should look like this.





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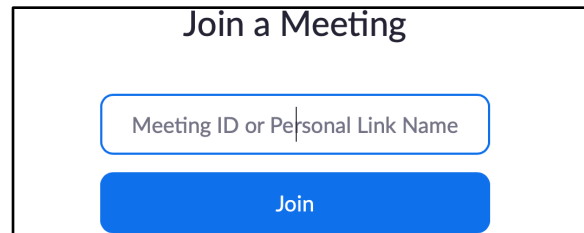
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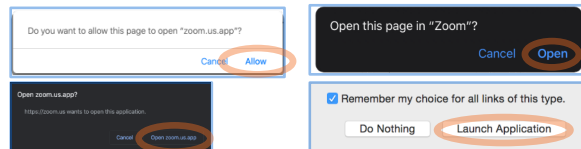
Step 3: Enter Meeting ID

Type your meeting ID and click Join.



Step 4: Grant Permission

This is the tricky part, because it looks different for everyone. You may be prompted about downloading / running / starting / opening / launching the Zoom “client”, or permissions for microphone or camera. Click the option to allow Zoom do what it needs to on your device.



Step 5: You're in!

Your call should start soon.

